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The manuscript is typed double spaced throughout on one side only on A4 opaque white bond paper with wide margins all around.	
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A covering letter is signed by all authors stating that they have seen and approved the paper and that the work has not been, and will not be, published elsewhere.	
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The address(es) of the institutions from which the work originated with the authors' names are listed underneath. (If there is more than one address several authors' names can be grouped under each appropriate address; strict order of authors' names is not necessary here.)	
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Abbreviations other than standard SI units of measurement are not used.	
Keywords Up to 4 keywords or phrases are supplied for inclusion in the index (see Br Heart J 1994;71:212 for advice).	
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Journal references contain inclusive page numbers; book references contain specific page numbers.	
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The first author's last name, figure number, and "top" are indicated on the back of each illustration in light black pencil, preferably on a gummed label.	
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The study complies with the Declaration of Helsinki.	
The research protocol has been approved by the locally appointed ethics committee and the informed consent of the subjects (or their parents) has been obtained.	
Measurements and abbreviations  Measurements are given in SI units. Blood pressure should be given in mm Hg.	
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Statistics If the same variable is measured by two different methods the agreement between the methods has been assessed according to the guidelines published in the <i>British Heart Journal</i> (1988;60:177–80).	
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